

## Clear Liquid Diet

As a rule – if you can see through it, you can drink it.

**Gatorade is the preferred clear liquid (no red or purple)** *blue*

Clear fruit juices, white grapes and apple juice

Water

Kool-Aid, PowerAde (no red or purple) *blue*

Clear soup, broth or bouillon

Popsicles (no red or purple) *blue*

Tea or coffee without cream

Hard candies

Soda, 7-up, Sprite, ginger ale, orange soda (no red or purple) *blue*

Jell-O (no red or purple) *blue*

## Research Studies:

Some patients who come to the endoscopy unit are asked to participate in a research study. If you are asked to participate the study purpose and procedures will be explained to you. You have the right to decline participation. Declining participation will not affect the interest the doctors have in your case. The doctors at the endoscopy center are typically involved in research studies on how to improve endoscopy.

**Please note:** Although your upcoming colonoscopy may be scheduled as a screening procedure, if during the course of your screening the physician removes a polyp or performs a tissue biopsy, the procedure may be considered diagnostic and may not qualify for coverage as a screening service. Insurance company policies vary regarding these matters and we urge you contact your insurance company to obtain their policy on these types of procedures.